

4 oz No Fat Vanilla Yogurt Foam Cup



Allergens



Nutrition Facts

Serving size 1 Cup 4.00 Fl Oz. (71g)

Amount per serving

Calories **90**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 45mg **2%**

Total Carbohydrate 20g **7%**

Dietary Fiber 0g **0%**

Total Sugars 15g

Includes 13g Added Sugars **26%**

Protein 2g

Vitamin D 0mcg 0%

Calcium 92mg 8%

Iron 0mg 0%

Potassium 22mg 0%

Vitamin A 0mcg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Claims



Smart Snacks calculations available upon request.

Ingredients:

NONFAT MILK, SUGAR, CORN SYRUP, WHEY, PROTEIN CONCENTRATE, CULTURED DAIRY SOLIDS, MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, LOCUST BEAN GUM, GUAR GUM, SODIUM CITRATE, CALCIUM SULFATE, CARRAGEENAN, CREAM. LIVE CULTURES ADDED.

