

# Eggnog



## Allergens



## Nutrition Facts

Various servings per container  
Serving size **2/3 Cup (103g)**

Amount per serving  
**Calories 230**

% Daily Value\*

<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 23g	
Includes 16g Added Sugars	<b>32%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 176mg	<b>15%</b>
Iron 0mg	<b>0%</b>
Potassium 177mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Claims



## Ingredients:

CREAM, NONFAT MILK, SUGAR, HIGH FRUCTOSE CORN SYRUP, EGG NOG FLAVOR (CORN SYRUP, EGG YOLKS, SUGAR, NATURAL AND ARTIFICIAL FLAVORS, WATER, SPICE, SALT, ANNATTO AND TURMERIC [COLOR]), CORN SYRUP, WHEY, MONO- & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN.