

# Coconut



## Allergens



## Nutrition Facts

Various servings per container  
Serving size **2/3 Cup (103g)**

Amount per serving  
**Calories 230**

% Daily Value\*

<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 26g	
Includes 16g Added Sugars	<b>32%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 159mg	<b>10%</b>
Iron 0mg	<b>0%</b>
Potassium 178mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Claims



## Ingredients:

CREAM, HIGH FRUCTOSE CORN SYRUP, NONFAT MILK, SUGAR, CORN SYRUP, WHEY, COCONUT FLAKES, NATURAL AND ARTIFICIAL FLAVOR, MONO & DIGLYCERIDES, MODIFIED CORN STARCH, PHOSPHORIC ACID, GUAR GUM, POLYSORBATE 80, CARRAGEENAN.