

# Pistachio



## Allergens



## Nutrition Facts

Various servings per container  
Serving size **2/3 Cup (103g)**

Amount per serving

**Calories 230**

% Daily Value\*

**Total Fat** 13g **17%**

Saturated Fat 6g **30%**

Trans Fat 0g

**Cholesterol** 40mg **13%**

**Sodium** 115mg **5%**

**Total Carbohydrate** 27g **10%**

Dietary Fiber 1g **4%**

Total Sugars 20g

Includes 14g Added Sugars **28%**

**Protein** 5g

Vitamin D 0mcg **0%**

Calcium 161mg **10%**

Iron 0mg **0%**

Potassium 186mg **4%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Claims



## Ingredients:

CREAM, NONFAT MILK, ROASTED PISTACHIOS (PISTACHIO, BUTTER [CREAM], SALT), SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WHEY, ARTIFICIAL PISTACHIO FLAVOR, MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN, YELLOW 5, BLUE 1.