

Maple Walnut



Allergens



Nutrition Facts

3 servings per container
Serving size 2/3 CUP (103g)

Amount per serving
Calories 240

% Daily Value*

Total Fat 14g	18%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 50mg	2%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 19g	
Includes 14g Added Sugars	28%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 0mg	0%
Potassium 148mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Claims



Ingredients:

CREAM, NONFAT MILK, SUGAR, HIGH FRUCTOSE CORN SYRUP, WALNUTS, CORN SYRUP, WHEY, NATURAL MAPLE FLAVOR, MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN.