Rocky Road



Allergens







Nutrition Facts

Various servings per container Serving size 2/3 Cup (103g)

Amount per serving

Calories	250
%	Daily Value*
Total Fat 13g	17%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 95mg	4%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 23g	
Includes 15g Added Sugars	s 30 %
Protein 5g	
Vitamin D 0mcg	0%
Calcium 188mg	15%
Iron 2mg	10%
Potassium 320mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Claims



Ingredients:

CREAM, NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, SUGAR, WHEY, CORN SYRUP, ROASTED PECANS (PECANS, BUTTER [CREAM, SALT], SALT), COCOA (PROCESSED WITH ALKALI), MARSHMALLOWS (TAPIOCA SYRUP, CANE SUGAR, WATER, TAPIOCA STARCH, CARRAGEENAN, SOY PROTEIN, NATURAL FLAVOR), MONO-& DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN.