

# Pumpkin



## Allergens



## Nutrition Facts

Various servings per container  
Serving size **2/3 Cup (103g)**

Amount per serving  
**Calories 220**

% Daily Value\*

<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 95mg	<b>4%</b>
<b>Total Carbohydrate</b> 33g	<b>12%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 27g	
Includes 20g Added Sugars	<b>40%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 163mg	<b>15%</b>
Iron 0mg	<b>0%</b>
Potassium 190mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Claims



## Ingredients:

CREAM, NONFAT MILK, PUMPKIN FLAVOR (PUMPKIN PUREE, SUGAR, MOLASSES, CORN SYRUP, SALT, SPICES, NATURAL FLAVOR, CITRIC ACID), SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WHEY, MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN, YELLOW 5 & 6, RED 40.