

Graham Central Station



Allergens



Nutrition Facts

Various servings per container
Serving size **2/3 Cup (103g)**

Amount per serving
Calories 290

	% Daily Value*
Total Fat 15g	19%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 140mg	6%
Total Carbohydrate 39g	14%
Dietary Fiber 0g	0%
Total Sugars 28g	
Includes 22g Added Sugars	44%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 140mg	10%
Iron 0mg	0%
Potassium 164mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Claims



Ingredients:

CREAM, NONFAT MILK, GRAHAM CRACKER SWIRL (graham cracker crumb [wheat flour, graham flour, sugar, palm oil, molasses, honey, salt, baking soda], soybean oil, coconut oil, cornstarch, mono & diglycerides, soy lecithin, salt), CHOCOLATE CRUNCH (milk chocolate [sugar, coconut oil, cocoa (processed with alkali), milk powder, soy lecithin, natural flavor], sugar, corn syrup, honey, baking soda, salt), GRAHAM FLAVOR (corn syrup, water, sugar, modified corn starch, artificial flavor, caramel color, molasses, salt, yellow 5, yellow 6), SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WHEY, MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN.