

# Superman



## Allergens



## Claims



## Nutrition Facts

Various servings per container  
Serving size **2/3 Cup (103g)**

Amount per serving  
**Calories 210**

% Daily Value\*

<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 70mg	<b>3%</b>
<b>Total Carbohydrate</b> 29g	<b>11%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 22g	
Includes 15g Added Sugars	<b>30%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 173mg	<b>15%</b>
Iron 0mg	<b>0%</b>
Potassium 188mg	<b>4%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients:

CREAM, NONFAT MILK, SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WHEY, STRAWBERRY PUREE (STRAWBERRIES, SUGAR, MODIFIED CORN STARCH, NATURAL FLAVOR, CITRIC ACID), BANANA PUREE, ASCORBIC ACID, ARTIFICIAL FLAVOR, MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, CARRAGEENAN, RED 40, BLUE 1, YELLOW 5 & 6.